

GALLOWAY RIDGE

AT FEARRINGTON

Galloway Ridge Covid-19 Compendium

Date Last Revised: 4-5-22

Please note that this document is subject to revision at any time.

The most current version can be found on the Resident Portal (select Documents, then Covid-19 Compendium) and the Galloway Ridge website.

Residents who find they are unable to adhere to the recommendations of this compendium are asked to self-report to the Clinical Services Team at 919-545-2601

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Covid-19 Task Force

Bob Zimmer, Executive Director; **Adam Melton**, Associate Executive Director; **Jan Sassaman**, Residents Council; **Fred Sparling**, Virologist; **Josh Carr**, Director of Resident Services; **Celeste Lestienne**, Senior Executive Assistant; **Amber Smith**, Director of Duke Center for Living; **Cori Cansler**, Director of Resident Enrichment; **Arvilla Johnson**, Senior Director of Healthcare; **Dianne Armstrong**, Director of Arbor Operations

Where to Address Covid-19 Related Questions - grcovid19@gallowayridge.com

Resident Responsibilities

Honesty and Accountability

Residents are expected to be forthcoming about activities while away from Galloway Ridge that may increase exposure to Covid-19. As with all of Galloway Ridge policies, abiding by them is your responsibility and not abiding by these policies could result in your being asked to leave the community.

Respect and Courtesy

Please be mindful and respectful of residents who may request that you wear a mask in their presence. Masks continue to be required at the Arbor and DCFL.

Contact Tracing

If a resident or staff member tests positive for COVID-19, contact tracing will be conducted to identify any individuals who may have had contact with the person who tested positive.

Resident Events and Gatherings

Resident groups may reserve designated Galloway Ridge public spaces, in accord with proper reservation and coordination with Resident Enrichment (reservations@gallowayridge.com).

Each room, based on the planned configuration and use, has its own capacity. Ask Resident Enrichment Staff for details.

Independent Living Visitation

- **All visitors, including individuals visiting a villa, must check in at the main entrance to the IL building, sign-in via the electronic visitor log and pass screening questions.**
- Unvaccinated visitors must wear a mask and are asked to proceed using the most direct route to the resident's apartment. Tours of the artwork or other common spaces are prohibited.
- Visitors who provide proof of current vaccination do not need to wear masks and are allowed in all common areas except dining venues and the Belties Lounge.
- Approved visitors will be issued a nametag with their photo. Vaccinated visitors will also be given the appropriate wristband of the day, allowing them the option of wearing a mask and granting them access to common spaces. The nametag and/or the wristband are to be worn at all times while on property.
- Overnight guests must visit the main reception desk each day for an updated nametag and/or wristband.
- Currently, there are no restrictions on the number of visitors allowed in a residence. Please use good judgement when deciding how many guests you have in your home.
- **At the end of the visit, visitors visiting either apartments or a villa will return to the main entrance and check out via the electronic visitor log.**

Arbor Visitation

Per State and Federal regulation, visitation is allowed for Arbor residents without reservation and with no limit on the number of visitors a resident can have at one time. Visitors to the Arbor are not allowed in public spaces such as the Oak Room, Cardinal Room and dining areas without approval from Arbor Management.

However, Galloway Ridge recommends no more than four (4) visitors in a residence at one time to maintain six (6) feet of physical distancing for safety.

Visitors are required to check in and must complete COVID-19 screening upon entering the Arbor.

Visits should be conducted in a manner that adheres to the core principles of COVID-19 infection prevention and does not increase risk to other residents.

Core Principles of COVID-19 Infection Prevention:

- Individuals who have a positive viral test for COVID-19, symptoms of COVID-19, or who currently meet the criteria for quarantine, should not enter the Arbor.
- Current CDC quarantine guidelines are: *Quarantine if you have been in close contact (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19, unless you have been fully vaccinated. People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID-19 unless they have symptoms. However, fully vaccinated people should get tested 5-7 days after their exposure, even if they don't have symptoms and should wear a mask indoors in public for 14 days following exposure or until their test result is negative.*
- All visitors (including Galloway Ridge Independent Living residents) must sign in and MUST be screened at the main Arbor entrance to ensure they do not meet these visitation exclusions.
- Hand hygiene should be practiced upon entering the Arbor.
- Face covering or mask (covering mouth and nose) and physical distancing at least six feet between people should be practiced while in the Arbor.
- Visitor movement should be limited. Visitors should go directly to the resident's residence and should not walk around different halls.
- If the resident and their visitors are fully vaccinated and the resident is not moderately or severely immunocompromised, they may choose not to wear face coverings and to have physical contact.
- Unvaccinated visitors should wear face coverings or masks at all times while in the Arbor.
- Visitors should wear face coverings or masks when around other residents or healthcare personnel, regardless of vaccination status.

While not recommended, residents who are on transmission-based precautions or quarantine can still receive visitors. These should only occur in the resident's residence and the resident should wear a well-fitting facemask (if tolerated). Visitors should be aware of the potential risk of visiting and precautions necessary to visit the resident.

Visitation during an outbreak investigation:

An outbreak investigation is initiated when a new COVID-19 case occurs among residents or staff.

While it is safer for visitors not to enter the Arbor during an outbreak investigation, they will still be allowed in the Arbor. Visitors will be made aware of the potential risk and must adhere to the core principles of infection prevention.

During an outbreak investigation, visitors should wear masks during the visit, regardless of vaccination status, and visits should occur in the resident's residence. All other visit protocols still apply.

Duke Center for Living

Please visit the *News in the Center* portion of the DCFL's website homepage for the most up-to-date schedules and information regarding operations. Masks are worn at all times with the following limited exceptions: lap swimming, participating in an aquatic group exercise class, drinking water.

Phone: 919-545-2133

Website: www.DukeFitnessFarrington.com

Support / Community Navigators

If you feel that you need additional support and resources to cope with the challenges related to these unprecedented times, one of our Community Navigators can help. Call 919-545-0253.

Quarantine Protocols

Standard quarantine is reserved for residents with *diagnosed* Covid-19 or similar respiratory infectious diseases (tuberculosis, influenza, respiratory syncytial virus), or who have been in contact with persons with these diseases and *who also have compatible symptoms*, have been tested, but for whom test results have not returned.

- Stay at home with self-monitoring and self-reporting of any symptoms. The length of quarantine is determined on a case by case basis and driven by the nature of the disease and symptoms.
- A spouse or partner that remains in the home with an infected individual will be subject to the same quarantine rules.
- A quarantined individual may not leave their residential unit for any reason other than an emergency.
- Meals will be delivered to the home. No dining in any dining venue.
- A quarantined individual may not visit common areas, including mail room, storage or trash rooms, dining or activity areas.
- A quarantined individual may not receive visits from other community members or family.
- A quarantined individual may not participate in any in-person meetings or activities.
- No housekeeping services will be provided.
- In consultation with the Clinic nurse, quarantine time requirements may be reduced.

Modified Quarantine which allows more freedom while maintaining community safety will be considered for *asymptomatic* residents who are named as a Covid-19 contact and who have known medical conditions that reduce response to vaccination (immunosuppressive diseases or medications).

Modified quarantine also will be considered for *asymptomatic* residents who traveled off-campus and experienced highest risk Covid-19 exposure including those who:

- Traveled on cruise lines.
- Failed to use face masks.
- Attended gatherings where physical distancing was not maintained.

Modified Quarantine practices are:

- Isolating at home with-self monitoring and self-reporting of any symptoms. The length of quarantine is determined on a case by case basis.
- May leave home for walks outside on Galloway Ridge grounds and walking dogs.
- May not visit common areas, including mail room, storage or trash rooms, dining or activity areas.
- Meals will be delivered to the home. No dining in any dining venue.
- May drive oneself to medically necessary appointments by personal vehicle only.
- Housekeeping will be allowed but resident must wear face mask and stay 6 feet away from housekeeping staff during cleaning.
- May not receive visits from other community members or family.
- May not participate in any in-person meetings or activities.
- In consultation with the Clinic nurse, quarantine time requirements may be reduced.